

# SINAREST CC SYRUP

## **Introduction:**

SINAREST CC Syrup is a comprehensive combination of anti-cold drugs for instant relief from concomitant cough with cold. SINAREST CC Syrup is free from the potentially dangerous PPA (Phenylpropanolamine hcl)

## **Composition**

Each 5 ml contains:

Acetaminophen	125 mg
Phenylephrine	5 mg
Dextromethorphan	5 mg
Chlorpheniramine maleate	1 mg

## **Pharmacology**

SINAREST CC Syrup is a unique combination of 4 ingredients to cover concomitant cough with cold.

Dextromethorphan is a cough suppressant. It exerts its action in CNS to elevate the threshold of coughing. The potency of Dextromethorphan is equal to that of codeine. It does not inhibit ciliary activity and its antitussive effect persists for 5-6 hours.

Phenylephrine relieves nasal stuffiness thereby relieving nasal congestion associated with sinusitis.

Chlorpheniramine maleate relieves runny nose, sneezing, itchy nose and throat and itchy, watery eyes.

Acetaminophen relieves headache, heaviness in head.

This combination medication is used to treat symptoms associated with the common cold associated with cough.

## **Indications**

- " Temporarily relieves Cough associated with cold.
- " Temporarily relieves sinus congestion and pressure.
- " Temporarily relieves these symptoms of hay fever:
  - o Itchy, watery eyes
  - o Sneezing
  - o Itching of the nose or throat
  - o Runny nose
- " Temporarily relieves these symptoms due to the common cold:
  - o Nasal congestion
  - o Headache
  - o Minor aches and pains
  - o Fever

**Contraindications**

The use of SINAREST CC Syrup is contraindicated in patients with hypersensitivity to any of the components of the medication.

**Warnings:**

Take this medication as prescribed. Be sure to follow instructions closely. Do not increase your dose or take this more often than directed. Capsules and long-acting tablets must be swallowed whole with a full glass of water. Do not crush or chew them. The long action will be destroyed and the chance of side effects will be increased. The liquid suspension form of this medication must be shaken well before using.

**Precautions**

Use SINAREST CC Syrup with precaution in patients with kidney disease, heart disease, lung disease, asthma, emphysema, high blood pressure, overactive thyroid, diabetes, closed angle glaucoma, prostate trouble, depression, and any allergies.

SINAREST CC Syrup contains acetaminophen therefore other paracetamol combinations should not be used in conjunction.

Store at room temperature between 59 and 86 degrees F (15 to 30 degrees C) away from heat and light. Do not store in the bathroom

**Pregnancy & Lactation**

There are no adequate and well-controlled studies in pregnant women. SINAREST CC Syrup should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

**Drug Interaction:**

Antidepressants, sedatives, tranquilizers, sleeping pills, MAO inhibitors (e.g., furazolidone, phenelzine, selegiline, tranylcypromine), narcotic pain medications (e.g., codeine).

Intake of alcoholic beverages should be withdrawn while taking this medication.

**Adverse Reactions**

Mild reactions include dizziness, headache, loss of appetite, nausea or dry mouth, which may occur the first several days.

Severe side effects include Chest pain, rapid pulse, skin rash, high blood pressure, tremors, nervousness, and hallucinations

**Dosage & Administration**

The usually recommended dose of SINAREST CC Syrup in children is 1-2 teaspoonful (5-10ml) three to four times a day.

**Presentation**

SINAREST CC Syrup is available in 60 ml bottle with a measuring cup.

Note: Store at 59° to 77°F in a dry place.